Tyler Nakamura

Physical Therapist | Student Physical Therapist, Clinical Rotations

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PROFESSIONAL SUMMARY

Licensed physical therapist and recent DPT graduate with clinical rotations in outpatient orthopedics, acute care and inpatient rehabilitation. Now treating an outpatient orthopedic and sports caseload, with a focus on post-operative knee and shoulder rehab. Former college athlete who coaches clear, progressive home programs and works well with surgeons' protocols.

EXPERIENCE & PROJECTS

Lamar Street Orthopedic & Sports PT · Austin, TX **Jul 2026 — Present**

Physical Therapist

- Evaluate and treat an outpatient orthopedic caseload of about 12 patients a day, including ACL reconstruction, rotator cuff repair and total knee replacement patients.
- Supervise a physical therapist assistant on shared plans of care, reviewing progress notes weekly and adjusting exercise progressions.

Travis Hills Medical Center and partner clinics · Austin, TX **Jun 2025 — May 2026**

Student Physical Therapist, Clinical Rotations

- Completed full-time rotations in outpatient orthopedics, acute care and inpatient rehabilitation, carrying most of a full caseload by the end of each rotation.
- Mobilized post-surgical and medically complex patients in acute care, recommending discharge destinations and equipment with the care team.
- Delivered an in-service on early mobility after hip fracture to inpatient rehab nurses and therapy aides.

DPT capstone: return-to-running guide

- Wrote an evidence summary and patient handout on graded return to running after knee surgery, used by the outpatient clinic during my final rotation.

EDUCATION

Doctor of Physical Therapy (DPT) **2026**

Central Plains University

BS, Kinesiology **2023**

Gulf Coast State University

SKILLS

Technical: Orthopedic evaluation, Post-operative rehab protocols, Manual therapy, Therapeutic exercise, Return-to-sport testing, Gait and balance training, Home exercise programs, WebPT, Medicare documentation, Plan of care writing, PTA supervision, CPR

Certifications: Texas Physical Therapist License · CPR and BLS (AHA)